Second edition

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THINKING PATTERNS

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NOTE:

The book is composed of diverse life lessons. Pay attention as the transitions from one paragraph to another may mean from one lesson to the other.

I was about to take a car when a gentle man yelled at me, ‘stop!’ he said, ‘do not get into that car’, then he quickly vanished into the crowd. I wanted to ask why but I was a little late, I wanted to ignore the man and take the car but I just couldn’t and I wanted to take another car but it wasn’t making sense. Then I realized they is always more to what we hear. That’s why we need life lessons to couch our actions in times of uncertainties.

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Interruption is the cause of every failure always remember that.

Liquid is simple but a champion of matter. It is able to adapt to any change in the environment. When it's too cold it freezes, it vaporize when it's hot and it flows through the rivers and rakes when the weather is normal but it is still liquid and it is in its simplicity that it do all these sophisticated transitions. Which is to say being simple is the first step to survived life toughest situations.

I now understand when Jesus said we are of little faith. Sometimes I fail to believe in the goals I set for myself. How can I believe in what God has set before me? Believe in yourself gives you the courage to believe in God.

I have noticed how anything that I do without a long lasting reason does not last. Do not set goals under the influence of emotion, they always fed over time.

Many Africans has the tendency of not finishing to build what they stated not because they do not want to but simply because they don't care much about comes next after they are gone. It ruins but also liberating.

Lazy people believe that they don't have to work hard because Jesus has gone to work on behalf of them. They invite others to join them as they wait for his return and take them to a land where they will enjoy without breaking a sweat. In my prayers I always ask God if that's what the angels have being doing together with those who died long ago.

Winning is more of strategy than effort. Like racing sport don't use up most of your effort at the start. In real life how it begins doesn't really matter but how you run all the way to finish line. People doesn't celebrate the beginning of our lives but how we ends defines respect or despise we deserve.

There is no opportunity for people who are not ready, even if they were it could not be used.

Our Lord Jesus said that search and you will find, for those who do finds. If there is nothing worthwhile in our surroundings it may just mean there is something worth searching for. Only those who needs lives for what's missing and usually those with enough gives out.

Most people reduce their goal to their abilities. That has been the one of the mistakes in a success journey. Always lift your abilities to the level of your goals.

Changes always comes from the outside. Any addition or subtraction from what we have can only come the outside because what we have we have, if we want more or less we are supposed to look out.

There's no excuse for failure. "Failure", means you've just failed and "passing", means you've just made it. The rest does not help.

Everything counts even when you don't count with it. I insist you do, Smart computer don't get lucky results but calculated ones, it high time people did the same to be smart.

Complaining is like a virus most people are infected with, Praise God you don't.

Desire without calculated plans leads to foolish actions, pray that you don't regret.

Passion and determination has been the best fuel for success. Working hard when things are about to happen is one of the bad moves a man can ever make and so consistent efforts day after day until its done has been the strategy.

Always be on your guard no matter how the situation might seem, things can go wrong even in a second.

We achieve greater things and important ones when we been given the time frame and duration to get it done but the otherwise happen when we have all the time we need. Even when someone have not given you the time frame I suggest you give it to yourself when you should get your things done.

You don't have to start over at least not everything, something's have already been started. Learn to be a good successor driving the achievements of those who worked hard before you it is called ingenuity.

LEGACIES

There are so many individuals around the world who have made success, so many are they those whose accomplishments cannot just be buried underneath the ground. Their legacies have become an anthem to be sung from age to age. Again! So many are we, families as a collection whose names and stories have never been heard of since the beginning.

I drown in sorrow when I see great dreams, vision and goals of the ancestors. Goals that remains unachieved. Like ghosts these dreams great they were, they torcher my heart day and night. Day and night they cry to me the living soul looking for the day and hour I will unleash them to be real and exist. "We have been ghost visions, dream, burning desires and unfulfilled potentials long enough, how long shall we wait further!" The yell.

If humans can't work for God stones will that's why if people can't get it done machines will. They is always another way.

Sometimes I sit down and plot how I will unleash my potential together with all the goals, dreams and visions the ancestors wanted to achieve centuries back. These have all become my burden to bare. I tell myself that I will not leave this world hoping to pass these burdens to the next generations. Centuries of failure, dozens of unfulfilled goals and great of all is the burden of living in the past while the world has gone far more

advanced. It feels like time just passed so quickly for Africans that they stayed in the 19's while the world moved to the 20's.

Independence was not a mistake, in fact it was the right thing Africans did after all they had done. For that I thank them but I don't praise them because they let the westerners take them into slavery and it was their duty to liberate us who were not there. The bible says, "No man can enter another man's house and still form him unless is asleep". In lemans language Jesus was saying that no one can still from you while you are watching unless you are too weak to take it back or stop him. Maybe we should thick about how they all continent lost its independence before we rush to cerebrate how they got it back, for our own sake not theirs because history does repeat itself indeed.

I will lie if I say I definitely know how to make my dreams come true but I will lie also if I say am not sure I will make them come true.

UNDERSTANDING WHY

We all have had found good reasons to just quit, give up and let it drag us with it wherever it wishes. The fact is that it does not take anyone anywhere it leaves you to rot and your ideas perish. That ways it pleads not guilty for everything that you've brought upon yourself. Its life.

All people have had felt has if something a force or a burden is pulling them back preventing them from going forward in life. The fact is they is nothing holding anyone back instead we are the ones pushing things forward. It's funny how any man pushing an heavy wagon stops and looks back whenever he get tired. He searches for at least two things how far he has come or if anything is drawing him back more like holding him but he barely thinks of himself being the reason he has grown tied considering that is the one pushing against the natural order of things. Whenever we decide to quit or stop nothing moves not you or your life.

We all have had lonely moments in our lives. People don't get lonely by watching the movies they like, work they love or music they want. Loneliness occurs when same thoughts keeps lingering in our minds from time to time like an endless cycle that you have no idea how to stop it. Loneliness provide room for stupid thoughts, to students this is so exhausting that why most of them turn to drugs so that they can lose themselves at least for a little while. Now like most of you I have had lonely moments and the best way to get past it is to write your thoughts down on a piece of paper like telling a story. This way thoughts don't come back and forth.

In the face of anxiety, stress and frustration children always come up with one import to them, a question. "Why"? I have found this to be the most frustrating question that most parents do not have an answer to. Mostly it is a question passed from generation to generation all they want to know is 'why' them. All children living in poverty all they want to know is who screwed up and 'why'? The funny part is that, one day your son looks at you at least wandering why you screwed up when few years back you looked at your father the same way and you were at least wandering why he screwed up. 'Why'? All asks.

Over the course of my long life I have stayed quite much more than I have spoken. You have heard that what have being said that an empty mind is a devils workshop. I wander if the devil can find your emptiness to be a great workshop how difficult it is that you can't make a great workshop out emptiness of your mind.

In times when you are alone no one is texting, no one is talking to you, nothing to watch and no music to be heard. In times when you can feel the heaviness of silence, in this emptiness your thoughts rushes back and forth. It's in this wilderness you have to train your mind how to control what you think next. A lot of people are scared of these moments because it make them realize just how disorganized their minds are. Both good and bad thoughts lingers continuously and uncontrollably like

a aching wound from the inside and you just can't help it. It's in here people don't want to find out what they might think next and feels like drug is the solution.

I have had people complain to me saying, "I did all could, I tried but why getting this! Why!" they say out of frustration. However, even me have had situations when I did everything in my power hoping for the better outcome but unfortunately has it turned out the outcome was devastating something can't even begin to explain but I have lent something, something I will teach you now. I have leant that success does not depend on the amount of effort you invest into the project but rather on whether you've done the correct thing or not. It might surprise you to hear that a lot of poor people are very hard working, most of them work extreme hard than an average rich man or woman. Now since success is independent of that, they are still poor. Nature doesn't care if you are rich, poor, fat, slim or young if you use the correct formula the right procedure you definitely get the math right. What most people do is that they pay less attention to correct formulae's and procedures instead they work even harder and harder until they break, they just quit or say it does not work at least not for me or us.

According to the natural laws of order the earth goes around the sun in circles and so does everything that happen to us. You are just as bad as your enemy to the people might not even know you have offended. You will solve your problems with an upgraded solution if learn how others solved the similar problem.

When it's cold and you want to worm up yourself by the flames, it is very good to walk out of there with your body warm than with your clothes socked in smoke. When you are provoked it is important to get a lesson out of the situation than to walk away with anger. Anger blinds you from seen the next pit fall but lessons guides your next moves. Anger can't not be taught while lessons can to prevent others from making the same mistakes.

One of the profound powers of a man is mastering how to keep his emotions in check even when situations are extreme.

The plan is always a dumb one unless it is not put to use and proven to be working.

Nothing is that simple has it seems. Always put in maximum effort if you expect best results.

Never underestimate the role of hardware when talking about a computer. Even when software is the intelligent guy it needs hardware to do work. That's why you should never mistaken the need for physical skills even with all the brilliance in your head. You will need them otherwise intelligence will not stand.

Even with money you need networks of people to achieve what you want. These are the cards that enable you to play the game of life successfully.

Sometimes to let go of something does not necessary mean giving up but rather getting ready to go an extra mile.

You cannot take respect from people they give it to you when you deserve it according to their standards not yours.

When you don't know something learn to say that you do not know. Sometimes the consequences of pretending you know are just far worse than admitting you do not know.

Always make things you can control - control those you cannot but keep under your control those things you should control.

I think a very terrible student is a lecture who does not want to learn from the lessons he/she teaches.

Keep your demons under your control and that of your neighbor under their control. You will win both demons if only you can control your neighbor.

Tragedies in life no matter how big they all remind of at least one thing. You not a special guy and you are not immune to pit falls. You are like everyone else.

The best thing you can do for yourself is to take full control of your life, hold it tight by yourself, appreciate every form of help, complain not of those you think they should help when they fail and do not blame others when your life get out of way. This is big but don't be scared because it's not like you have many options except you beg others for the rest of your life or you go get it done yourself.

The tallest and strongest trees are not those that give rise to their offspring from their roots like bananas do but those that allow their offspring to grow from the top most branch. I say do not let your children's to always start from where you started instead allow them to continue from where you ended. This strengthens the family and allow the family to reach higher levels of success.

In most cases too much excitement and too much confidence blinds even an intelligent man from noticing he is putting on socks of different colures.

Do not say the company I previously worked for want me back because am the best and they love what I do. The fact is they want you back because you are not around after all that's what people do. They go looking for something missing even when it's not important.

They scary thing about scary things is that it's always possible that you can end up losing everything you have or you can end up getting extremely rich.

There is always water in the soft rocks deep under the ground if you can only get through the hard rocks. Unfortunately it's at the hard rocks that people just give up, especially when they have no idea how far they have dig deep.

The most precious stones are always found deeper under the ground, just deeper than we even realize. We just have to dig a lot more deeper if want to get them.

Do not be scared of wrong turns. Everyone makes one soon or later the best you can do is get prepared.

Success assures you that you have what it takes to succeed again but failure gives you courage you keep on going even when you might fail again.

Sometimes in life you find yourself at the junction. Just before you are so many beautiful gates enough to make sure that you are not sure which one to open. When you are about to open one you feel stupid asking yourself why this one and not the other one. In that moment the most stupid decision you can make is choosing open all at once.

PRINCIPALS OF LOVE AND MARRIAGE

A lot of couples spend most of their time watching how others are transforming their marriages and so they lose time, attention and interest in bringing change in their marriages. Until they think it is not working out for them and that divorce can do some good.

They say the best revenge is massive success. When you get disappointed I suggest you find your own way of thriving to the top without him/her helping instead of crying over spilled milk. Everyone says it breaks my heart, indeed it does but that is because our hearts don't think. Am hoping our minds should.

Disappointment is a long word. Wrong either from the husband or the wife. This long word is made of two parts 'dis' and 'appointment'. Even when appointment is the longest we have being taught to pay much attention to 'dis' to an extent we fail to see 'appointment' in dis-appointments.

Marriage always asks for a man and a woman whose who can get things done. Not men of words.

In all families people obey the laws of nature. Have you noticed how when a strange person next to you suddenly laughs and you grow sad. Don't worry it just you obeying the law of moments. They is no situation where all people is a room or place are definitely happy at the same time. Most of the times when the husband is happy the wife may not be and the other way around. Its natural laws being obeyed.

The wedding rings and certificates are never enough show me that you my husband and I will come running whenever you call said the wife. The pretty face in a wedding dress and rings is never enough show me that you are my wife and I will come running to save you whenever you call out, said the husband.

For the first time people get to choose the kind of partner they want to be with and for the second time partners they need. This means that we have more to choose from the first time and lesser choices the second we want to marry because for the second time most people just bond anyway, it's not like they still have much to choose from.

Mom brings mom home, even when she has not brought anything with her so does dad. The thing is, every son and daughter is always expecting something from mom or dad even after they have grown. But the most important fact is that dad has dad home and mom also.

Has you join yourself to any family please note that family is joined and bonded together like a net only by emotions. Emotions are the glue of every family it is what holds people together to form a family. Emotions cannot be seen or touched but only felt so is family you can feel it so heavily but you can't see it not even touch it. His is why how others feel about you in a family determines how much they consider you to be family.

Mastering the capacities and capabilities of your partner is fundamental for establishing control of the relationship

Getting a wife of your own choosing is easy or a man you want but keeping a wife or a husband of your own choosing is the hard part. When you ask couples who have being married for long about their partners, 70% do not just quickly say she has being the best I wanted, at least 40% don't want to talk about it and at least 30% will say, "it just has happened, anyway we got together and here we are".